

MENU

Full list of allergens per dish available on request.

V Vegetarian **G** Gluten-free **V** Vegan **W** Warning! Very hot
All pizza / pasta can come with gluten-free option, please just ask!



STARTING LINEUP

Chicken Pate **£6.45**

Chicken liver pate, served with red onion marmalade & toasted bloomer.

Smoked BBQ Pork Ribs **£6.95**

Drizzled with a Bourbon sauce.

Falafel Bites **£6.45**

Falafel bites, served with hummus, pitta and salad.

Soul Bowl **£4.50**

Homemade soup of the day, served with warmed, baked bread.

Garlic Prawns **£8.95**

Pan-fried king prawns, onion, garlic and white wine, cooked in creamy sauce and served with bloomer bread.

Cajun Spiced Salt & Pepper Squid **£6.95**

Served with citrus mayonnaise.

Firecracker Tempura Prawns **£6.95**

Tempura battered prawns on spinach and rocket served with a hot sriracha dipping sauce.

Hot & Spicy Chicken Wings **£6.45**

Hot & spicy chicken wings, served with a garlic and herb aioli or a sticky BBQ sauce

Potato Skins **£4.95**

Potato skins served with either BBQ dip or garlic mayonnaise.

Stuffed Garlic Mushrooms **£6.45**

Chestnut mushrooms stuffed with garlic, parmesan, herbs & breadcrumbs

Bruschetta **£5.45**

Char-grilled Italian bread with sun-dried tomato balsamic glaze, basil pesto and buffalo mozzarella

Halloumi Fries **£5.95**

Fried halloumi served with chopped iceberg lettuce and Cajun mayonnaise.

NIBBLE POTS & PLATES

Olive Pot **£3.95**

Pot of marinated green & black olives. **V**

Pizza Garlic Bread **£4.25**

Pizza Garlic Bread with Cheese **£4.95**

Pizza Garlic Bread with Cheese & Tomato **£5.45**

Pizza Garlic Bread Inferno with Tomato and Chilli **£4.95**

Bread & Dips **£6.95**

Mixed breads served with chef's selection of dips.

THE MAIN EVENTS

Rump Steak 10oz **£17.95**

Cooked to your liking and served with roasted tomato, chunky mushroom, crispy onion rings and chunky chips with a choice of peppercorn, blue cheese or Diane sauce.

Slow-Cooked Lamb Shank **£15.50**

Lamb shank slow-cooked in a rich tomato and red wine sauce, served with creamy mashed potato, seasonal vegetables and a rich gravy.

Wild Mushroom Risotto **£8.95**

Pan-fried onion, mixed wild mushrooms and garlic, finished in a creamy white wine sauce and topped with Parmesan cheese.

Vegan Penang Curry **£11.95**

Cauliflower, green beans, mange tout and peppers cooked in an aromatic coconut sauce, served with jasmine rice and garlic naan bread.

Char-grilled Peppercorn Chicken **£12.95**

Char-grilled chicken fillet, served with peppercorn sauce, seasonal vegetables and chunky chips.

Stuffed Chicken Breast **£13.95**

Rolled chicken breast, stuffed with sun-blushed tomatoes, mozzarella cheese and wrapped with Parma ham, served with Mediterranean vegetables, creamed mashed potato and a creamy mushroom sauce.

Chicken Arrabiatta **£12.95**

Char-grilled chicken breast in a tomato, garlic and chilli sauce and served with mediterranean vegetables and chunky chips.

Chicken a la Crema **£12.95**

Char-grilled chicken breast in a creamy garlic, mushroom and mixed pepper sauce and served with Mediterranean vegetables and chunky chips.

Moules Marinere **£10.95**

Mussels cooked in a white wine, cream and garlic sauce, served with assorted breads.

Pan-fried Salmon **£13.95**

Pan-fried salmon fillet served with mashed potato and tenderstem broccoli and finished with a lemon and garlic butter sauce.

SUPER SALADS

Char-grilled Halloumi & Avocado Salad **£11.95**

Char-grilled halloumi, avocado, mango, mixed leaves, cucumber and tomatoes, drizzled in an olive oil and lime dressing.

Chicken Caesar Salad **£11.95**

Mixed leaves, sun-blushed tomatoes, cucumber, croutons, Parmesan and char-grilled chicken, served with Parma ham and anchovies.

Niçoise Salad **£9.95**

Chopped salad, mixed olives, tomatoes, green beans, anchovies and egg, finished with a French dressing.

Roasted Beet & Goats Cheese Salad **£9.95**

Mixed lettuce, roasted beetroot and balsamic vinegar, crumbled goat's cheese, avocado and rocket, sprinkled with smashed walnuts.

Optional Toppers

Halloumi Chunks **£4.00**

Salt & Pepper Squid **£4.50**

Chicken Strips **£3.95**

ROAST DINNERS

Served Sundays from 12pm

£9.95 adults / £4.50 kids

Ask your server for today's choice of meat, served with mixed seasonal vegetables, roast potatoes and homemade Yorkshire puddings, served with gravy.

A BIT ON THE SIDE...

Don't forget you can add extra sides to your main from our Sides menu overleaf.

HAPPY DAYS

All dishes marked with **G** are included in our Happy Days menu, served from 12pm - 9pm Mon - Thurs* All Happy Days starters are £3.75 and all Pizza/Pasta £6.95. Just look out for **G** next to included dishes. Happy days!



PIZZA/PASTA JUST £6.95

£10.70 - 2 COURSES

STARTERS JUST £3.75

*Excluding bank holidays

THE PASTA

All pasta dishes can be made with gluten-free pasta, please just ask!

Spicy Meatball Tagliatelle **£11.95**

Minced beef meatballs, cooked in a traditional tomato and garlic sauce.

Vegetable Pesto Penne **£8.45**

Roasted vegetables, cooked in pesto and finished with Parmesan cheese.

Spicy Arrabiatta **£9.95**

Italian tomatoes and slow-roasted peppers, chilli, red onion and garlic with chorizo sausage and pepperoni, served with tagliatelle.

Chicken Pesto Penne **£9.95**

Roasted vegetables and chicken breast, cooked in pesto, served with penne pasta and finished with Parmesan.

Amatriciana Tagliatelle **£8.95**

Pan-fried, smoked bacon, cooked in a traditional tomato and garlic sauce and served with tagliatelle.

Spicy Gnocchi **£9.95**

Gnocchi served with pan-fried onion, garlic and chorizo, served with a rich tomato sauce and finished with pesto.

Carbonara Tagliatelle **£8.95**

Pan-fried bacon, cooked with a traditional cream sauce and finished with Parmesan cheese.

Seafood Tagliatelle **£13.45**

Mussels, king prawns, cockles and squid, cooked in a white wine cream sauce and finished with Parmesan cheese.

Spaghetti Bolognese **£8.95**

Home-made, traditional minced beef Italian ragout, served with spaghetti, fresh parmesan and milled pepper.

Lasagne **£8.95**

Traditional beef ragout in pasta layers, topped with mozzarella and served with baked garlic bread and salad.

Smoked Salmon Tagliatelle **£9.95**

Pan-fried onion, garlic and white wine with spinach and oak-smoked salmon, cooked in a creamy sauce and served with tagliatelle.

THE SIDES

Seasoned skin-on/Cajun spiced/Peri-peri fries **£3.00**

Chunky Chips **£3.00**

Onion Rings **£3.00**

Mixed Salad **£3.50**

Creamy Mashed Potatoes **£3.50**

Bowl of Mediterranean seasonal veg **£3.00**

BURGERS

All burgers served with salad leaves and beef tomato and a choice of home-made chips or skin-on fries and house-made sauces.

The Vespa **£9.95**

6oz flame-grilled, homemade beef burger, topped with Monterey jack cheese, Parma ham and our Vista burger sauce, wrapped in a brioche bun.

The Three Pin **£8.95**

Chunky three-bean burger, topped with melted cheese and guacamole, wrapped in a brioche bun.

The Lebowski **£9.95**

Southern-fried chicken fillet, topped with Monterey jack, Parma ham, garlic mayonnaise and chilli jam, wrapped in a brioche bun.

The Lambretta Stack **£11.95**

6oz flame-grilled beef burger and peri peri chicken fillet, topped with Monterey jack cheese, Parma ham and tomato salsa, wrapped in a brioche bun.

The Soulster **£11.95**

Jam-packed full of veggie goodness, this chunky burger is made of chick peas, spinach and courgette. Served with tomato salsa, vegan mayo and guacamole, nestled in a floury bun.

Ultimate Vegan Burger **£10.95**

Vegan Quorn burger with lettuce, tomato, guacamole, beetroot and red onion served on a flour bap with skin-on fries and vegan mayo.

Hot & Spicy Vegan Burger **£10.95**

Vegan Quorn spicy burger with lettuce, tomato, beetroot, red onion and hot sriracha sauce served on a flour bap with fries and vegan mayo.

THE PIZZA

All pizza dishes can be made with gluten-free dough, please just ask!

Pizzas displaying the **V** can all be made with vegan cheese. Please just ask.

Margherita **£7.95**

Grated mozzarella cheese with a fresh, Italian tomato sauce.

Hawaiian **£9.95**

Grated mozzarella, sliced ham and chunky pineapple, atop a fresh, Italian tomato sauce.

Seafood Marinara **£12.95**

Grated mozzarella, prawns, anchovies, tuna and olives, served with a fresh, Italian tomato sauce.

Mexicano **£11.50**

Grated mozzarella, Cajun chicken, bacon, peppers, onions and fiery jalapenos, with a fresh, Italian tomato sauce.

Vegetarian **£8.95**

Grated mozzarella, roast peppers, onions, mushrooms, aubergine, sweetcorn and courgette on a fresh, Italian tomato sauce.

Pepperoni **£9.25**

Grated mozzarella, sliced pepperoni sausage, mixed peppers and a fresh, Italian tomato sauce.

A la Vista **£11.95**

Grated mozzarella, chicken, bacon, salami, sweetcorn, and wilted spinach, served with a BBQ sauce base.

Firecracker **£9.95**

Goat's cheese, spinach, grated mozzarella and roasted scotch bonnet chilli, served with a fresh Italian sauce.

Farmhouse **£9.95**

Grated mozzarella, Parma ham and mushrooms on a fresh, Italian tomato base.

SOUL BOWL SIZZLERS

Tandoori Chicken Kebab **£13.95**

Tender tandoori chicken, marinated in yoghurt and spices then grilled with peppers and onions and served with warmed pittas, house salad, fiery jalapenos, skin-on fries and choice of three sauces.

Halloumi Kebab **£13.95**

Halloumi, grilled with peppers and onions and served with warmed pittas, house salad, fiery jalapenos, skin-on fries and a choice of three sauces.

Kebab Sauces - Tomato & Chilli / Garlic / Tomato Salsa

BAMBINOS

All pizza & pasta dishes can be made gluten-free, please just ask!

MAINS

Hulk Burger **£3.95**

4oz home-made burger with Monterey Jack cheese topping. Served with baked beans or miniature corn on the cob, along with fries.

Chicken Bites **£3.95**

Golden chicken bites served with baked beans or miniature corn on the cob, along with fries.

Spag Bowl **£3.95**

Vista's in-house spaghetti bolognese served with garlic bread.

Mighty Dog **£3.95**

American-style hot dog served with baked beans or miniature corn on the cob, along with fries.

8" Margherita Pizza **£3.95**

Classic mozzarella cheese and tomato base.

8" Hawaiian Pizza **£4.50**

Ham and pineapple.

DESSERTS

Poppin' Candy Jelly & Ice Cream **£2.95**

Ice cream **£1.50**

Death by Chocolate, Vanilla, Strawberry, Thunder & Lightning, Mint Choc Chip, Raspberry Ripple.

Warm Chocolate Cake, served with Custard or Ice Cream **£2.95**

DESSERTS

Sticky Toffee Pudding **£5.95**

Served with toffee sauce and English Lakes vanilla ice-cream.

Tiramisu **£5.95**

Served with chocolate drizzle and fresh cream.

Chocolate Passion **£5.95**

Chocolate cake with chocolate ganache topping, served with English Lakes chocolate ice-cream or fresh cream.

Vista Three-Scoop Sundae **£5.45**

A selection of English Lakes ice creams topped with salted caramel sauce, whipped cream and garnished with fresh fruit.

English Lakes Ice Cream **£1.50**

Death by Chocolate, Vanilla, Strawberry, Thunder & Lightning, Mint Choc Chip, Raspberry Ripple.

Hot Drink and Sweet Treat **£5.00**

Check with your server for today's offer