

Please inform your server of any allergens.

V Vegetarian option available

Gluten-free V Vegan







All pizza / pasta can come with gluten-free option*, please just ask! £2.00 extra for all GF pizza bases.

*Except lasagne



STARTING LINEUP

Crocchette di Patate

Spiced chorizo & parmesan croquettes, served with a rich tomato ketchup.

Garlic & Parmesan Dough Sticks (Control of the stick) (Control of the stick)

£6.25

Baked dough sticks bound in lashings of garlic butter and topped with shaved parmesan cheese. Can be served vegan without parmesan.

Falafel Bites 🕕 🕕

Falafel bites, served with hummus, pitta and salad.

€6.95

Soul Bowl @ 10 10 £5.50 Homemade soup of the day, served with warmed,

baked bread.

Cajun Spiced Salt & Pepper **£7.45** Squid

Served with cajun mayonnaise and house salad.

Sliced Mozzarella & Italian **£14.95** Meats Platter

Sliced buffalo mozzarella served with Italian ham, salami Milano and hummus. Comes with mixed salad, baked bloomer, mixed olives, olive oil and balsamic vinegar. Serves 2.

Firecracker Tempura Prawns 💋 £7.45

Tempura battered prawns on house salad, served with a hot sriracha dipping sauce.

Hot & Spicy Chicken Wings

£7.45

Hot & spicy chicken wings, served with a sticky BBQ

Stuffed Garlic Mushrooms @ 1 £6.95

Chestnut mushrooms stuffed with garlic, parmesan, herbs & breadcrumbs

Bruschetta 🙆 🚺

£6.95

Toasted bloomer bread with heaps of fresh chopped tomatoes, finely diced garlic, red onions, fresh basil, oregano, olive oil and, of course, the Parmesan. Parmesan can be replaced for vegan mozzarella.

Halloumi Fries 🕕

£6.95

Fried halloumi served with house salad and Cajun mayonnaise.

Garlic Crispy Chicken

£7.45

Juicy chicken breast strips, marinated in buttermilk and coated in a crispy spice crumb. Sliced & served with garlic mayonnaise.

THE MAIN EVENTS

10oz Rib-eye Steak

Cooked to your liking and served with roasted tomato, stuffed mushrooms, crispy onion rings and chunky chips. Comes with a choice of peppercorn or blue cheese sauce.

Chicken Arrabbiatta 🚹

£14.95

Char-grilled chicken breast in a tomato, garlic and chilli sauce and served with mediterranean vegetables and chunky chips or fries.

Char-grilled Peppercorn Chicken 1

£14.95

Char-grilled chicken fillet, served with peppercorn gravy, mediterranean vegetables and chunky chips or

Pan-Fried Seabass



£15.95

Seared sea bass fillet, served with mashed potatoes and Mediterranean vegetables.

Garlic Chicken Parmo



Breaded chicken breast topped with a garlic bechamel sauce and parmesan cheese gratin. Served with homemade chips or skinny fries and a house salad.

Chicken a la Crema

£14.95

£14.95

Char-grilled chicken breast in a creamy garlic, mushroom and mixed pepper sauce and served with Mediterranean vegetables and chunky chips or fries.

Moules Mariniere & Frites

Mussels cooked in white wine & cream with garlic & parsley. Served with skinny fries. Add bloomer bread for £2.

NIBBLE POTS & PLATES

ITALIAN SOUL BAR

Olive Pot Pot of marinated green & black olives. Pizza Garlic Bread 🕕 £4.95 Pizza Garlic Bread with Cheese 🕦 **£5.45** Pizza Garlic Bread with Cheese & £5.95 Tomato (1) Pizza Garlic Bread Inferno with Tomato £5.45

SUPER SALADS

Chicken and bacon salad

£12.95

£11.95

Chicken and bacon served on a bed of iceberg lettuce tossed in a Caesar sauce with cherry tomatoes, cucumber, red onion, and garlic croutons.

Goat's cheese salad 🕦

and Chilli 🚺



Goat's cheese served on a bed of iceberg lettuce with cherry tomatoes, cucumber, red onion, mixed olives, and garlic croutons all drizzled with a balsamic glaze.

Halloumi and avocado salad 🕦



£10.95

Halloumi and avocado served on a bed of iceberg lettuce with cherry tomatoes, cucumber and red onion and drizzled with a lime and balsamic vinegar dressing.

Optional Toppers

Halloumi Chunks £4.00 Salt & Pepper Squid £4.50 **Chicken Breast** £3.95

A BIT ON THE SIDE...



All dishes marked with 💋 are included in our Happy Days menu, served from 12pm - 9pm Mon - Thurs* All Happy Days starters are £4.95 and all Pizza/Pasta £8.95. Just look out for 🕜 next to included dishes. Happy days!



THE PASTA

All pasta dishes can be made with gluten-free pasta*, please just ask!

£9.95

£10.95

Vegetable Pesto Penne 🚳 🕦

£9.95 Roasted vegetables, cooked in pesto and finished with Parmesan

Spicy Arrabbiata 🕦 🚺

Italian tomatoes and slow-roasted peppers, chilli, red onion and garlic, served with tagliatelle. Add Chorizo & Pepperoni +£2.00

£10.95 Chicken Pesto Penne 🚳 Roasted vegetables and chicken breast, cooked in pesto, served with

penne pasta and finished with Parmesan.

Amatriciana Tagliatelle 🚳 Pan-fried, smoked bacon, cooked in a traditional tomato and garlic sauce and served with tagliatelle. Add chorizo and pepperoni +£2

Spicy Gnocchi 💋 **£10.95** Gnocchi served with pan-fried onion, garlic and chorizo, served with a rich tomato sauce and finished with pesto.

Carbonara Tagliatelle 🍪

Pan-fried bacon, cooked with a traditional cream sauce and finished with Parmesan cheese.

£10.95 Spaghetti Bolognese 🕜

Home-made, traditional minced beef Italian ragout, served with spaghetti, fresh parmesan and milled pepper.

£10.95 Lasagne 🖒 *unavailable as GF Traditional beef ragout in pasta layers, topped with

£11.95 Smoked Salmon Tagliatelle

mozzarella and served with baked garlic bread and salad

Pan-fried onion, garlic and white wine with spinach and oak-smoked salmon, cooked in a creamy sauce and served with tagliatelle.

Mushroom tagliatelle **VV** £10.95 Pan-fried Mushrooms, cooked with a traditional cream sauce and finished with Parmesan cheese

THE SIDES. Seasoned skin-on/Cajun £3.50 spiced/Peri-peri fries (1) Chunky Chips (1) £3.50 **Onion Rings** £3.50 Mixed Salad U £3.50 £3.50 **Creamy Mashed Potatoes Bowl of Mediterranean** £3.50 seasonal veg 🚺

BURGERS

home-made chips or skin-on fries and house-made sauces.

£12.95 The Vespa

60z flame-grilled, homemade beef burger, topped with Monterey jack cheese, Parma ham and our Vista burger sauce, wrapped in a brioche bun.

The Lebowski £12.95

Southern-fried chicken fillet, topped with Monterey jack, Parma ham, garlic mayonnaise and chilli jam, wrapped in a brioche bun.

The Lambretta Stack **£14.95**

60z flame-grilled beef burger and a Southern-fried chicken fillet, topped with Monterey jack cheese, Parma ham and tomato salsa, wrapped in a brioche

Old Smokey £12.95

60z flame-grilled beef burger with a bacon topper. This guy is drizzled with Smokey BBQ sauce, Monterey Jack cheese and nestled in a brioche bun.

Falafel Fella 🚺 🚺 £10.95

This Daloon falafel and spinach burger packs a full-on stacked punch with layers of lettuce, tomato, guacamole, red onion, beetroot. Served on a brioche bun with skin-on fries and vegan mayo.

Ultimate Vegan Burger 🕧 🕦

peppercorn sauce wrapped in a brioche bun.

£10.95 Vegan Quorn burger with lettuce, tomato, guacamole, beetroot and red onion

served on a brioche bun with skin-on fries and vegan mayo.

Hot & Spicy Vegan Burger 💋 🕕 🕕 £10.95 Vegan Quorn spicy burger with lettuce, tomato, beetroot, red onion and hot

sriracha sauce served on a brioche bun with fries and vegan mayo.

Peppercorn Burger £12.95 60z flame-grilled beef burger, topped with Monterey jack cheese and

THE PIZZA

All pizza dishes can be made with gluten-free dough, please just ask! £2.00 extra for GF pizza base.

Pizzas displaying the V can all be made with vegan cheese. Please just ask.

Margherita 🙆 🕕 🕕

£9.95

£10.95

Grated mozzarella cheese with a fresh, Italian tomato

Hawaiian 🚳 £10.95

Grated mozzarella, sliced ham and chunky pineapple, atop a fresh, Italian tomato sauce.

Mexicano £11.95

Grated mozzarella, Cajun chicken, bacon, peppers, onions and fiery jalapenos, with a fresh, Italian tomato sauce.

Vegetarian 🙆 🕡 🕕 £10.95 Grated mozzarella, roast peppers, onions, mushrooms,

aubergine, sweetcorn and courgette on a fresh, Italian tomato sauce.

Brookyln Cheeseburger Pizza **②** £11.95 Strips of juicy beef burger packed in between heaps of grated mozzarella cheese and Italian tomato sauce. Topped

with a smattering of pickles, red onions and real American mustard. Welcome to New York baby.

Howdy-duck Hoisin

Hand-pulled tender duck on a hoisin sauce and mozzarella base. Dressed with caramelised onion and spring onions.

Pepperoni 🚳

£10.95

Grated mozzarella, sliced ppepperoni sausage and a fresh Italian tomato sauce.

A la Vista £12.95 Grated mozzarella, chicken, bacon, salami, sweetcorn, and

wilted spinach, served with a BBQ sauce base. Firecracker 🚳 🕦 💋 **£10.95**

Goat's cheese, spinach, grated mozzarella and roasted chilli, served with a fresh Italian sauce.

Farmhouse £11.95

Grated mozzarella, Parma ham and mushrooms on a fresh, Italian tomato base.

£12.95 **BBO Boar**

Tender pulled pork dressed on a smokey BBQ base and layered with red onion, roasted peppers, and a generous sprinkle of mozzarella cheese.

> Add any extra topping for £1 per topping.

SOUL BOWL SIZZLERS

Tandoori Chicken Kebab £15.95

Tender tandoori chicken, marinated in yoghurt and spices then grilled with peppers and onions and served with warmed tortilla breads, house salad, fiery jalapenos, skin-on fries and 3 sauces (tomato and chilli, garlic and tomato salsa).

Mixed Kebab £17.95

Tender tandoori chicken and halloumi, grilled with peppers and onions and served with warmed tortilla breads, house salad, fiery jalapenos, skin-on fries and 3 sauces (tomato and chilli, garlic and tomato salsa).

Halloumi Kebab 🕦

£15.95

Halloumi, grilled with peppers and onions and served with warmed tortilla breads, house salad, fiery jalapenos, skin-on fries and 3 sauces (tomato and chilli, garlic and tomato salsa).

MAX UP YOUR KEBAB

Halloumi Chunks £4.00 Salt & Pepper Squid £4.50 **Chicken Breast** £3.95 **Mushrooms** £2.00



out for 🕜 next to included dishes. Happy days!

PIZZA/PASTA JUST £8.95 £13.90 - 2 COURSES STARTERS JUST £4.95

*Excluding school holidays and bank holidays

Allergens.

Due to the current nationwide challenges, we are using various suppliers for our ingredients and are currently working to update our allergen menu to reflect this. While we are reviewing this data we are sorry but we can not guarantee that any product is completely free from any allergen. Please let your server know if you have any allergens so that this can be checked with the chef, as not all ingredients may be listed on the menu. All dishes are prepared & cooked where allergen ingredients (e.g. nuts, flour etc.) are commonly used. We are sorry for any inconvenience or disappointment that this may cause; the handling of allergens and safety of guests is of the utmost importance to us.